or Yale. The Cornell girls hope to meet the famous crew of the Wellesley college in a regular intercollegiate con-

est, and, if possible, beat them. Coxswain Colson of the regular 'varcoxswant colson of the regular var-sity crew has been coaching the girls for months past, on rowing machines, and now he has taken charge of their work on the lake, where he gives them an hour's training every fair day in the week.

The Cor tell girls have been dabbling

the week.

The Cor iell girls have been dabbling in rowing for three years, but this is the first season that they have made a serious effert to accomplish something. They have not yet established a training table, as the need of a special diet has not yet been felt, but this is only a question of time, as the athletic work which now forms a considerable part of the routine of the college girl is steadily making her taller and heavier, and the day must come when it will be necessary to restrain her increasing bulk, just as the trainers of the men crews do, work to replace fat with muscle.

The Corneli crew is now composed of Miss Dunning, ow; Miss Jewell, Miss McNary, captain; Miss Whipple, Miss Kellar, Miss Wait, Miss Whipple, tiroke; and Coxswains Miss Young and Miss Rhodes. The weight of the crew ranges from 110 to 150 pounds, the average being about 145 pounds, and 'not an ounce of fat in the boat," as one terribly carnest young woman expressed it.

Speaking of the possibilities of a race with the Welleslaw crew the

terribly carnest young weman expressed it.

Speaking of the possibilities of a race with the Wellesley crew, the same student said: "It would mark an epoch in the sports of college girls. Heretofore all the games have been between different chasses of the same college, but these competitions lack the rest and excitement attending a contest between colleges. Such a contest would certainly provoke a spirit of rivalry, and every student would do her level best to force her college into first place. Athletics would become more of a serious business than they are today, when most of the girls just take them up as a matter of course and not with the determined purpose of accomplishing something.

"If we do have a race, I don't think it would be for more than a mile, as

GIRLS AT THE OAR.

Straight at the back of the head of the strive of severe contests, and for that reason state of severe contests, and for that reason the subject of dress, and if she had been way the students would wear the state of the work that is a first creating for the woole crew doesn't work with the precision of a single oar not much in the seven like work that is a first creating for the woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the seven like woole crew doesn't work with the precision of a single oar not much in the speed line can be accomplisted. If Cornell meets Wellesley it will a wrong. No record is kept at Wellesley it will alwoole the precision of a single oar not much in the speed line can be accomplisted. If Cornell meets Wellesley it will alwoole work the precision of a single oar not much the precision of a single oar not much woole or work that the precision of a single oar not much the preci

years, while only 82 men round out the century. Now, the great conundrum which is proposed is, Why is this so? According to the popular superstition, it takes much longer for the women to reach even the age of 50 than it takes for a man to reach that age. If this is true, it makes the showing all the more remarkable. It has even been asserted that association with women makes a man live longer, as shown by the fact that the average life of the married man is longer than the average life of the single man. The fact, however, is denied by the endman at the ministreis, who says that the life of the married man is not really longer, but only seems so.

man is not really longer, but only seems so.

So far there is no satisfactory explanation of the original proposition why more women live to be a hundred. Some say it is because women are less addicted to tobacco and strong drink, others say that it is because it is more healthy to spend money than it is to earn it, and so on. It may be many of the men who would live to be a hundred are killed at an early age in casualties to which women are not exposed. It may be that tight lacing is a life preserver, and it may be not a fact, after all Possibly the English registrar general may be mistaken. The situageneral may be mistaken. The situa-tion is replete with possibilities.

The People's Common Sense Medical Adviser, by R. V. Pierce, M. D., chief consulting physician to the Invalid's Hotel and Surgical Institute, a book of 1,005 pages, over 300 illustrations, some of them in colors, bound in strong paner covers, will be sent to any one sending 21 cents in 1-cent stamps to cover cost of mailing only. Over 680, color copies of this complete family doctor book already sold in cloth binding at regular price of \$1.50.

"Oh, Nellie, what lovely light cakes you do make, and what a de-licious flavor! Do tell me the secret flicious flavor? Do tell me the secret of your success, won't you?" "With the greatest of pleasure, dear friend. I always use Hewlett's Three Crown Baking Powder to raise the cakes, and flavor them with their Triple Flavoring Extracts. Try them and you will succeed also."



CORNELL'S GIRL CREW IN THE BOAT.

RELIGIOUS THOUGHT.

GATHERED FROM THE RELIG-IOUS AND SECULAR PRESS.

Words of Wisdom and Thoughts Worth Pondering on Religious and Moral Subjects.

Prejudices, which are from within, cause more poverty than calamities, which are from without. Many a man whose life has been undisturbed by physical disaster has been brought to destitution by prejudices, which are the thieves of mental and spiritual treasure.

We pliy the feeble creature who his deep prejudiced against applies who are by no means feeble-minded have been prejudiced against applies who are by no means feeble-minded have been prejudiced against entiment by sominentality aminst emotion by emotionality. And yet, without sentiment on would not be susceptible to noble or tender feeding without emotion thought would never be dice enlarges his borders and precovers many stoien goods.—Sunday School Times.

An Ideal Gitizen.

An Ideal Gitizen.

The ifield clitzen is the man who be lieves that all rate mare brothers, and that the nation is merely an extension of his famility, to be loved, respected and cared for accordingly. Such a man attendage ensurant that depend unon. This is one of the famility, to be loved, respected and cared for accordingly. Such a man attendage ensurant to his inferiors than he would leave the education of his children to kitchen servants. The public demands upon his time, thought and money computed his wife there will be desired the intervention of his children to kitchen servants. The public demands upon his time, thought and money computed his wife there will be desired among the mineric charged. Those which is things doth the following more trust to his inferiors than he would not be formed to the increase of the world are severally and offen they find him ill prepared; but he nervee himself to the inevitable, knowing that in the village, state and mation any mistake or stly, sooner or later, upon those whom he loves.—John Habberton.

Not as a Matter of Course.

Not as a Matter of Course.

American Friend: Goodness doesn't come as a matter of course with good come as a matter of course with good surroundings, and badness doesn't go as matter of course with the same surroundings. And when you and I hear it said that good and bad are a simple matter of environment, we know betterwhether the man who says so does or not. A man is liable to give himself up to sinful thoughts, and to plan evil doing as he sits at the communion table or in the prayer meeting, and a missionary doesn't always go wrong when he has only heather or cannibals around him. More depends on what is within a man thun what is round about him, for his well doing or his ill doing.

estate on a positive bargain that they would receive no more for taking care of their own name thing when he has only heather or cannibals around him. More debends on what is within a man thing what a round about him, for his well doing it has ill doing.

A Gem From Trilby.

Tell me, Trilby, do you ever pray to import to him? Well, no not often—not a words and on my knees and with my nds together, you know! Thinking a mid sold when he had done a mean thing, and stad when he it is need a done a mean thing, and stad when he it is need a done a mean thing, and stad when he it is need a done a mean thing, and stad when he it is need to turn.

When thou seest not the nath that these best to turn, when the beacon-lights of hope but dimly burn.

When thou waitest for Jehovah's voice to tell thee.

When thou waitest for Jehovah's voice to tell thee.

When thou waitest for Jehovah's voice to tell thee.

The Guiding Hand.

When thou knowest not which way is best to turn, when the beacon-lights of hope but dimly burn.

When thou knowest not which way is best to turn.

When thou waitest for Jehovah's voice to tell thee.

When thou waitest for Jehovah's voice to tell thee.

When thou waitest for Jehovah's voice to tell thee.

The Guiding Hand.

When thou seest not the nath that thes are to the ministry; three convenits and about 250 sisters in various convenits and about 250 sisters in var "Pray to him? Well no-not often-not in words and on my knees and with my nds fogether, you know! Thinking praying, very often-don't you think so? And so's being sorry and astamed when one's done a mean thing, and stand when one's resisted a temptation, and grateful when it's a fine day, and one's enjoying one's self without hurting any one else! What is it but praying when you try and bear up after losing all you cared to live for? There can be prayers without words just as well as songs, and Svengall used to say that songs without words are the best," —Du Maurier.

In Sweet Simplicity.

Truth in sweet simplicity expresses the thoughts that bind and the words that thoughts that that the test the works in-burn conviction in human understanding, and steadily, with unfailing eye, detects and discloses to the brave spirit that stands by what it believes. One has said that "truth, the light, travels in straight fires"—that it is a divine easence.—Phil-adelphia Methodist.

minds in the line of saying and appreciating those qualities in our friends and neighbors that are good. This means cultivation of that insight and discernment which employ the sympathies. Thus, people we love best are they who see the good in others rather than the imperfect, and speak of it frequently. They are the genial, kindly, sunny ones that make life charming; while your carping, querulous, fualt-flinding persons who do not draw attention to excellencies are no encouragement and stimulus to helpful effort. Most people of intelligence are aware of their defects, and to be told of their good qualities strengthens effort to oversome their weakness and vices of disposition. The disposition to see the good in others is worth more than money or beauty, and, as one has said, "It is a perpetual joy to the possessor, while it brightens the soul of every one that may come within the circle of its influence.

Tell the Truth.

(Prov. vi. 16-19.)—The Christian: What sthere on earth that is meaner than a

Two things ought to be strongly impressed upon the young people of our country. The insecurity of riches even when acquired, and their unsatisfying character. There is no fallacy so universally cherished as the notion that wealth is surely a means of happiness. The care of a large stoperty is one of the most burdensome of earth's trusta. The only material good which comes from any estate is to be made out of a moderate income far more easily than a large one, and with fewer attendant diadvantages. Few thoughtful men would undergo the entire stewardship of a large estate on a positive bargain that they would receive no more for taking care of it than ordinarily falls into the lap of the owner. The scramble after wealth is due to a wrong estimate of it when it is gained.

souls within reach. To catch men he must know them, as fishermen know TO THE

Dr. Dewey: "He who walks through life with an even temper and a gentle patience—patient with himself, patient with others, patient with difficulties and crosses—he has an every-cay greatness beyond that which is won in battles or chanted in cathedrals."

Early Steps.

L. E. Landon: "Hard are life's early steps; and but that youth is buoyant, confident and strong in hope, men would behold its threshold and despair."

John Wesley had the impression that one could be too great a reader, for he is reported as saying to some of his young friends: "Beware you are not swallowed up in books; an ounce of love is worth a pound of knowledge." During the 20 years Trinity parish of Boston has occuried its present beautiful church edifice, "the weekly offering every Sunday has averaged more than \$1,000. More than \$1,000,000 has been contributed for charitable purposes, apart from the needs of the church itself."

The colored Catholics of this country

the way.

If it rest in glory on the tabernacle, Thou must keep his charge in faith and patience still—
God is guiding thee, and his eternal purpose.

May involve the losing of thy selfish will.

For his love for thee is greater than thou deemest, and his faithfulness for thee can never fall.

In thy tent door standing, watch the cloudy Pillar.

Let no doubts of him thy steadfastness ansail.

Since thou hast the Lord Jebourk to After Rey, Dr. Edward Eyerett Hale

Prayer.

More things are wrought by prayer
Than this world dreams of. Wherefore, left thy voice
The like a fountain for me night and day. For what are men better than sheep and gonts. That nourish a blind life within the brain. If knowing God, they lift not hands of prayer.

Both for themselves and those who call them friend?

Firs so, the whole round earth is every way.

Bound by gold chains about the feet of God.

—Tennyson.

Souls Within Reach.

"Moslem rule."

After Rev. Dr. Edward Everett Hale preached in Washington the other Sunday a number of people went to congratulate him. Among them was a young woman who, after shaking hands with the famous Bostonian, said:

"You don't know me, Iri." Hale, but I to the seem long to thee. He keeps the waiting Out of his almighty love, and soon or late.

In thy tent door standing, thou shalt see the Pillar Moving on, when thou, at last, learned to wait.

—Tennyson.

Souls Within Reach.

"Moslem rule."

After Rev. Dr. Edward Everett Hale preached in Washington the other Sunday a number of people went to congratulate him. Among them was a young woman who, after shaking hands with the famous Bostonian, said:

"You don't know me, Iri." Hale, but I the hands descended as if in blessing, and he said: "Ah, my doar young lady. I don't doubt that I christened you," and she passed on in the crowd. Some one at hand asked to wait.

—Helen Chauncey.

Souls Within Reach.

The "American Baptist Year Book"

Fault-Finding.

Fault-Finding.

Phrenological Journal: It is very easy to find fault. We as a class are very day—not when he feels like it. And he does not always fish in the same way. There are seasons of big sharp-sighted. The faculties of observation appear to be strained almost in their tion appear to be strained almost in their tion appear to be strained almost in their careries and we have only to stand off and look at our friends and neighbors to find a good many things that are away in their make-up and expression. Even so in winning souls. If it is a successful business it must be an every-day exclusion was 47.726, by exacure its by carcined but nevertheless they are often disagreeably pronounced in their criticism.

It would be far better to develop our there is never a time when there are no deaths among the ministers.

Central Presbyterian: "A fisherman for the like total membership of that denomination in the United States to be 3.524,058, with 1.537 associations. 72.257 ordained ministers and 40.658 on a batted book. But there is never days of patient wait must be an every-day exclusion was 47.726, by exacure its 1.540. The number of Sunchiefly borrowed but nevertheless they are times when we must patiently wait for them. drawing them in one by one. But there are fine when there are no deaths among the minister.

East

CHICAGO, **ROCK ISLAND & PACIFIC** RAILWAY.

Courage.

Moravian: "Unbounded courage and compassion joined proclaim him good and great, and make the hero and the man complete."

The Rock Island is foremost in adopting any plan calculated to improve speed and give that lixxury, safety and comfort that the popular patronage demands. The equipment is thoroughly complete with Vestibuled Trains.

BEST DINING CAR BEST DINING CAR SERVICE IN THE WORLD.

Pullman Sleepers. Chair Cars, all the most elegant and of recently improved patterns.

Its specialties are FAST TIME.

COURTEOUS EMPLOYES, FIRST CLASS EQUIPMENT and FIRST CLASS SERVICE GIVEN.

For full particulars as to Tickets, Maps, Rates, apply to any Coupon Ticket Agent in the United States, Canada or Mexico, or address.

JOHN SEBASTIAN, G. P. A. Chicago. W. H. FIRTH, General Agt., Denver, I. A. BENTON, Ticket Agt., R. G. W. Railway.

Hotel Knutsford

New and elegant in all its appointments; 250 rooms, single or enruite; 75 rooms with bach. 4. S. HOLMES, Proprietor.

GRAND PACIFIC HOTEL. Opposite Union Pacific Depot. Salt Lake City, Utah.

Remodeled and Refurnished.
Rates \$3 per day. Special rates for families and theatrical companies. H. M. ABBOTT, Manager.

THE CULLEN RATES ... \$2 and \$2.50 Per Day.

S. C. EWING, Prop. H. S. YOUNG, Cashier.

MOSES THATCHER, Vice-President, U. S. DEPOSITORY.

L. S. HILLS. President.

DESERET NATIONAL BANK

SALT LAKE CITY, UTAH.

CAPITAL\$500,000 SURPLUS\$250,000 Safety Deposit Boxes for Rent.

Commercial National Bank. CAPITAL PAID IN, \$300,000. General banking in all its branches.
Directors—F. H. Auerbach, John J.
Daiy, O. J. Salisbury, Moyian C. Foz.
Thomas Marshall, W. P. Noble, George
M. Downey, John Donnellan, Newsil

THE DESERET SAVINGS BANK SALT LAKE CITY, UTAH. Capital, \$100,000. Surplus, \$10,000.

DIRECTORS: James T. Little, President.

Moses Thatcher, Vice-President.
Ellas A. Smith. Cashler.
Henry Dinwoodey, George Romney.
James Sharp.
H. W. Riter.
John R. Farnes.
John R. Winder,
John C. Cutler,
D. H. Perry.
David Eccles.
E. R. Eldredge. Four per cent interest paid on savings deposits, compounded semi-annually. Accounts solicited from \$1 unward.

M'CORNICK & CO.

BANKERS.

ESTABLISHED 1878. Transact a General Banking Business.

Holds the world's record for long distance fast running.



Trains arrive and depart at Salt Lake City daily as follows:

(In Effect March 15, 1897.)

ARRIVE.

From Chicago, Omaha, St. Louia, Kansas City, Denver, Park City and Ogden.

San Francisco, Ogden and intermediate points.

The New Wall Map issued by the Burlington Route is three feet four inches wide by four feet long; is printed in six colors; is mounted on rollers; shows every state, county, important town and railroad in the Union, and forms a very desirable and useful adjunct to any household or business establishment.

Purchased in lots of 5,000 the maps cost the Burlington Route nearly 20 cents apiece, but on receipt of "Trains south of Juab run daily except Sunday."

Trains arrive and depart at Salt Lake City daily as follows:

(In Effect March 16, 1897.)

ARRIVE.

From Chicago, Omaha, St. Louia, San Francisco, Ogden and Intermediate points.

From Frisco, Milford and Intermediate points.

From Mercur, Tintic, Provo, Nephil, San Francisco, Omaha, Denver, Mansas City, St. Louis, Ogden and Francisco, Omaha, Denver, Cache Valley and Intermediate points.

For Chicago, Omaha, St. Louia, San Endit opints, San Francisco, Ogden and Intermediate points and Intermediate points.

For Chicago, Omaha, St. Louia, San Endit opints, San Endit opints, San Francisco, Ogden and Intermediate points.

For Chicago, Omaha, St. Louia, San Endit opints, San En

maps cost the Burlington Route near-ly 20 cents apiece, but on receipt of 15 cents in stamps or coin the under-15 cents in stamps or coin the undersigned will be pleased to send you

Write immediately, as the supply is limited.

W. F. McMillan, General Agent, 11 Walker Block, Salt Lake City.



PEOPLE'S FAVORITE

Trains leave and arrive Salt Lake City as follows: (In effect March 16, 1897.)

Leave.
The Overland Limited," for Chicago, St. Paul, St. Louis, Omaha, Kansas City, Denver and Park City.
The Fast Mail." for Chicago, St. Louis, Omaha, Kansas City and Denver.
From three to 12 hours quicker to all above points than any other ling.

THE COLORADO MIDLAND R. R. Two Through Trains Dally

Two Through Trains Dally
Between Sait Lake City, Ogden and Leadville. Cripple Creek, Colorado Springs,
Denver and all points east. Only line
running THROUGH CHAIR CARS.
Through sleepers on both morning and
evening trains. This line, in connection
with the Rio Grande Western, reaches
Denver earlier than any other line via
Colorado Springs. No change of cars or
delayed trains. Take the Colorado Midland and save time and enjoy the finest
ride and grandest scenery in Colorado.
For full information cell on any R. G.
W. F. BAILEY.
G. P. A.
Gen. Agent.
Denver. Colo.
Sait Lake City.

Denver, Colo.

Salt Lake City.

SALT LAKE & OGBEN RAILWAY CO

Time Table in Effect Nov. 1, 1898.

Leave Arrive Leave Arrive
Salt Lake Farm. Lagoon & Salt Lake
ington & Farm.
Lagoon ington

7:00 a.m. *7:45 a.m. *7:55 a.m. *8:40 a.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 4:17 p.m. 5:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 - vn. 4:20 p.m. 6:5 p.m. 7:25 p.m.
18:40 p.m. 6:5 p.m. 7:25

NREGON SHORT LINE RAILROAD.

CITY TICKET OFFICE, 201 MAIN ST.
Telephone No. 48.
The only line in connection with the
Union Pacific operating through Puliman
Palace Sleepers. Erec Reclining Chair Cars.
Elegant Day Coaches.
S. W. ECCLES.
D. E. BURLEY.
Gen. Trf. Mgr. Gen. Pass. & Tick't Agt.
W. H. BANCROFT.
Vice-Pres. and Gen. Mgr.



Current Time Table. IN EFFECT JAN. 18, 1897. LEAVE SALT LAKE CITY.

No. 8-For Eureka, Payson.
Provo and all intermediate
points 5:00 p.m.
No. 2-For Ogden and West. II:45 p.m.
No. 1-For Ogden and West. II:45 p.m.
No. 1-For Ogden and West. II:25 p.m.
ARRIVE SALT LAKE CITY.
No. 1-From Bingham, Provo.
Grand Junction and the East. II:35 p.m.
No. 3-From Provo, Grand
Junction and the East. II:35 p.m.
Eureka, Belknap, Richfield,
Manti and all intermediate
points
No. 2-From Ogden and the
West
No. 4-From Ogden and the
West
No. 4-From Ogden and intermediate
points
No. 7-From Bureka, Payson,
Provo and all intermediate
points
No. 7-From Eureka, Payson,
Provo and all intermediate
points
No. 7-From Eureka, Payson,
Provo and all intermediate
points
No. 7-From Eureka, Payson,
Provo and all intermediate
points
No. 1-From Eureka, Payson,
Provo and all intermediate

Only line running through Pullman Palace Sleeping Cars from Salt Lake City to San Francisco; Salt Lake City to Denver vin Grano Junction, and Salt Lake City to Kansas City and Chicago vin Colorado points. Through tourist or family sleepers with-out change, to Kansas City, Chicago and Free reclining chair cars, Salt Lake City to Denver.

Ticket Offic, 15 West Second South Street.
D. C. DODGE, F. A. WADLEIGH,
General Manager. Gen. Pas. Agent.

UTAH CENTRAL R'Y,

General Office 202 Wittingham Building DAHLY TRAINS AS FOLLOWS.

Leava. Arriva.

Arriva.

S. L. Chiy, 3:00 a.m. Park Chy, 10:30 a.m.
Park Chy, 3:00 p.m., S. L. Chy, 5:15 p.m.
Depot Main and Eight South Sta.
J. Modregor, Clarence Cary, Receivers
P. E. Shafer, General Freight and Fassenger Agent.